

## African Caribbean Halal

Curried Chicken halal with plain rice & steamed cabbage **HC MWM**

Curried mutton With plain rice & steamed cabbage **HC MWM**

Jerk Chicken with plain rice & mixed vegetable **HC**

Mutton with stew peas with plain rice & mixed vegetable **HC**

Saltfish with callaloo with plain rice & steamed cabbage **HC MWM**

---

## Halal

Chicken dhansak with plain rice & dal makhani **HC**

Cabbage, carrots & potato with plain rice and dal makhani **HC ED V**

Mutton vindaloo, plain rice, red lentil dal **HC ED**

Sweetcorn & potato with plain rice and daal makhani **HC ED V**

Chana dal with chickpeas, plain rice & aloo zeera mutter **HC ED V VG MWM**

Gobi aloo with plain rice and chana daal **ED V VG MWM**

Aubergine, peas, potato & rice with red lentil daal **ED V VG MWM**

---

## Kosher

Sliced Beef in gravy with roast potatoes & vegetables **MWM GF**

Spaghetti Neopolitan in tomato sauce with mixed vegetables **V VG MWM**

Chicken Schnitzel with potatoes and vegetables **MWM**

Tomato omelette with potatoes & green beans **V MWM GF HC**

Shepherd's Pie, peas, carrots **MWM GF**

Fried Haddock with potatoes & vegetables **MWM**

# Cultural Menu Options



University Hospitals  
Bristol and Weston  
NHS Foundation Trust

## DIETARY INFORMATION

<b>GF</b>	Gluten free	Suitable for people with coeliac disease or gluten intolerance
<b>V</b>	Vegetarian	Suitable for vegetarians
<b>VG</b>	Vegan	Suitable for vegans
<b>MWM</b>	Made Without Milk	These dishes are made without milk
<b>EC</b>	Easy Chew	Everyday foods that are soft and tender
<b>ED</b>	Energy Dense	Good choices for people with a poor appetite
<b>HC</b>	Healthy Choice	Dishes low in fat, sugar and salt for people advised to eat a 'healthy' diet

If you have a food allergy or intolerance please inform a member of staff who will be able to inform you which dishes will be suitable.

A list of ingredients for our menu items are available on request.