

Cultural Menu Options



University Hospitals
Bristol and Weston
NHS Foundation Trust

African Caribbean Halal

Curried Chicken halal with plain rice & steamed cabbage HC MWM

Curried mutton With plain rice & steamed cabbage HC MWM

Jerk Chicken with plain rice & mixed vegetable HC

Mutton with stew peas with plain rice & mixed vegetable HC

Saltfish with callaloo with plain rice & steamed cabbage HC MWM

Halal

Chicken dhansak with plain rice & dal makhani HC

Cabbage, carrots & potato with plain rice and dal makhani HC ED V

Mutton vindaloo, plain rice, red lentil dal HC ED

Sweetcorn & potato with plain rice and daal makhani HC ED V

Chana dal with chickpeas, plain rice & aloo zeera mutter HC ED V VG MWM

Gobi aloo with plain rice and chana daal ED V VG MWM

Kosher

Roast Chicken in gravy with roast potatoes & vegetables MWM

Meatballs in tomato sauce with macaroni & vegetables ED MWM

Meat lasagne with mixed vegetables & spinach ED MWM

Fried cod, parisienne potatoes & cabbage ED MWM

Tomato omelette with mushroom sauce, potatoes & green beans V MWM

Beef Goulash with potatoes, sweetcorn & peas ED MWM

Shepherd's Pie, peas, carrots & sauerkraut ED MWM

Fisherman's pie & veg HC

Turkey Casserole, new potatoes & veg MWM

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DIETARY INFORMATION

GF	Gluten free	Suitable for people with coeliac disease or gluten intolerance
V	Vegetarian	Suitable for vegetarians
VG	Vegan	Suitable for vegans
MWM	Made Without Milk	These dishes are made without milk
EC	Easy Chew	Everyday foods that are soft and tender
ED	Energy Dense	Good choices for people with a poor appetite
HC	Healthy Choice	Dishes low in fat, sugar and salt for people advised to eat a 'healthy' diet

If you have a food allergy or intolerance please inform a member of staff who will be able to inform you which dishes will be suitable.

A list of ingredients for our menu items are available on request.