

## Monday Lunch

**APPETISER:** Fruit juiceChicken breast pieces  
in gravy **GF H MF**Kung po style pork **H MF**Macaroni cheese **EC E V**Or an **Everyday Salad**  
Or an **Everyday Sandwich****SIDES**Creamed potato **EC GF V**Boiled rice **GF H MF V VG**Baby carrots **GF H MF V VG**Peas **GF H MF V VG****DESSERTS**Red cherry pie **E MF V VG**Custard **E V**Or an **Everyday Dessert**

## Monday Supper

**APPETISER:** Fruit juice orCream of tomato  
soup\* **GF E V**Beef & onion pie **E MF**Fish pie **EC GF H**Chickpea & spinach  
curry **GF E V**Or an **Everyday Salad**  
Or an **Everyday Sandwich****SIDES**Creamed potato **EC GF V**Boiled potatoes **EC GF H MF V VG**Boiled rice **GF H MF V VG**Cauliflower **EC GF H MF V VG**Cut green beans **GF H MF V VG****DESSERTS**Please choose an  
**Everyday Dessert**For **everyday options**  
please see overleaf

## Wednesday Lunch

**APPETISER:** Fruit juiceSliced roast turkey in  
gravy **EC GF H MF**Sage & onion stuffing **MF V**Creamy bacon, cheese  
& potato bake **GF E**Vegetarian sausages **H MF V**Or an **Everyday Salad**  
Or an **Everyday Sandwich****SIDES**Creamed potato **EC GF V**Boiled rice **GF H MF V VG**Baked beans in tomato  
sauce **EC GF MF V VG**Broccoli **EC GF H MF V VG****DESSERTS**Rhubarb crumble **E MF V VG**Custard **E V**Or an **Everyday Dessert**

## Tuesday Supper

**APPETISER:** Fruit juice orCream of mushroom  
soup\* **GF E V**Lamb's liver & bacon  
hotpot **GF H MF**Salmon & spinach bake **E**Soya bolognese  
**EC GF H MF V VG**Or an **Everyday Salad**  
Or an **Everyday Sandwich****SIDES**Creamed potato **EC GF V**Sweet potato  
wedges **GF MF V VG**Sweetcorn **GF H MF V VG**Mashed carrot & swede  
**EC GF H MF V VG****DESSERTS**Please choose an  
**Everyday Dessert**

## Friday Lunch

**APPETISER:** Fruit juiceBreaded haddock fillet **H MF**Chicken & broccoli bake **E**Cheese omelette **EC GF V**Or an **Everyday Salad**  
Or an **Everyday Sandwich****SIDES**Creamed potato **EC GF V**Chips **GF E MF V VG**Mushy peas **EC GF MF V VG**Sliced carrots **EC GF H MF V VG****DESSERTS**Apple crumble **E MF V VG**Custard **E V**Or an **Everyday Dessert**

## Friday Supper

**APPETISER:** Fruit juice orCream of potato  
& leek soup\* **GF E V**Chicken a la king **GF**Minced lamb in  
gravy **EC GF H MF**Soya mince pie **E MF V VG**Or an **Everyday Salad**  
Or an **Everyday Sandwich****SIDES**Creamed potato **EC GF V**Boiled potatoes **EC GF H MF V VG**Broccoli **EC GF H MF V VG**Sweetcorn **GF H MF V VG****DESSERTS**Please choose an  
**Everyday Dessert**

## Saturday Lunch

**APPETISER:** Fruit juiceBreaded chicken nuggets **H MF**Beef cottage pie **EC GF H MF**Roasted vegetable tart **E V**Or an **Everyday Salad**  
Or an **Everyday Sandwich****SIDES**Creamed potato **EC GF V**Sweet potato wedges  
**GF MF V VG**Baked beans in tomato  
sauce **EC GF MF V VG**Mixed vegetables **GF H MF V VG**  
Carrot, peas, cauliflower, cut  
green beans, sweetcorn**DESSERTS**Chocolate chip muffin  
loaf **EC E V**Custard **E V**Or an **Everyday Dessert**

## Saturday Supper

**APPETISER:** Fruit juice orMinted pea soup\* **GF E V**Turkey & ham pie **MF**Pork sausages **E MF**Quorn & mushroom  
stroganoff **EC GF H V**Or an **Everyday Salad**  
Or an **Everyday Sandwich****SIDES**Creamed potato **EC GF V**Skin on boiled potatoes  
**GF H MF V VG**Baby carrots **GF H MF V VG**Mashed swede **EC GF H MF V VG****DESSERTS**Please choose an  
**Everyday Dessert**

## Service times

Breakfast service will commence  
between 7.30am and 8.30am  
Lunch service will commence  
between 12.00pm and 1.30pm  
Evening meal service  
will commence between  
5.30pm and 6.30pmA selection of hot and cold  
beverages will be served  
throughout the day.Biscuits are available to  
accompany your mid-morning  
drink, and a choice of biscuit  
or cake mid-afternoon.Need extra help  
at mealtimes?All staff are committed to ensuring  
your stay is as comfortable and  
trouble free as possible. If at  
any time you need extra help  
please let a member of the  
nursing staff know, for example:

- Assistance choosing a suitable meal for your dietary requirements
- Help cutting up your food
- Extra support or assistance with feeding

## Clean hands policy

We encourage all patients to  
wash their hands before eating.  
Please ask a member of staff  
if you need any assistance.  
A hand wipe will also be  
provided on your meal tray.If you have a special dietary  
requirement and your needs have  
not been met from this menu,  
please speak to a member of staff  
who will show you our alternative  
menus, including gluten free,  
vegan, Halal, Asian vegetarian,  
Afro Caribbean, Kosher and  
modified texture meals.

## FOOD ALLERGIES and INTOLERANCES

Please speak to our staff about the ingredients in your meal, when making your order

Welcome to University Hospitals Bristol  
and Weston NHS Foundation TrustPlease find enclosed your guide to meals.  
A wide range of menus for special diets are also  
available, ask a member of the ward team.

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