

**Freedom of Information Request**

**Ref: UHB 20-147**

11 March 2020

By Email

Dear Sir/Madam

Thank you for your request for information under the Freedom of Information Act 2000. The Trust's response is as follows:

1. Does your trust provide a weight management service for children living with obesity?

Yes  No

If No, you need not answer further.

If yes, what is the name of the service and where delivered:

Paediatric Obesity Service  
Bristol Royal Hospital for Children.

Who leads this service?

Professor Julian Hamilton-Shield  
Dr Dinesh Giri.

It is a hospital  or community-based  clinic

2. What if any are the criteria for eligibility to attend (for instance BMI >98th percentile)?

None

Eligible if: BMI >40 BMI >99.6th centile and serious comorbidity or complex needs  
(including child safeguarding concerns with obesity as a primary concern).

3. Through what mechanism is the service funded?

CCG

NHS England

Research

Charity

Trust Self-Funding

Other

Please specify Click or tap here to enter text.

4. Who are the key personnel providing service? Please tick all who apply:

- a. Paediatricians
- b. Dieticians
- c. Psychologists
- d. Trained volunteers
- e. Hospital or Community based Nursing staff
- f. Exercise specialists
- g. Social workers
- h. CAHMS
- i. Youth workers

5. How many new cases are seen each year?

80 cases.

6. Over how many weeks is the clinic intervention delivered?

52-78 weeks.

7. What is the usual follow up period (entry to discharge?)

18 months.

8. What final outcomes are collected: Examples: change in BMI, BMI SDS, Self Esteem, Waist Circumference, recruitment, retention.

Please list all.

- BMI
- BMI SDS
- % Fat Mass by bioimpedance

This concludes our response. We trust that you find this helpful, but please do not hesitate to contact us directly if we can be of any further assistance.

If, after that, you are dissatisfied with the handling of your request, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to:

Director of Corporate Governance  
University Hospitals Bristol NHS Foundation Trust  
Trust Headquarters  
Marlborough Street  
Bristol  
BS1 3NU

Please remember to quote the reference number above in any future communications.

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF

### Publication

Please note that this letter and the information included/attached will be published on our website as part of the Trust's Freedom of Information Publication Log. This is because information disclosed in accordance with the Freedom of Information Act is disclosed to the public, not just to the individual making the request. We will remove any personal information (such as your name, email and so on) from any information we make public to protect your personal information.

To view the Freedom of Information Act in full please click [here](#).

Yours sincerely

**FOI Team**  
**UH Bristol NHS Foundation Trust**