

**Freedom of Information Request****Ref: UHB 18-236**

Date 18 May 2018

By Email

Dear Madam

Thank you for your request for information under the Freedom of Information Act 2000. The Trusts response is as follows:

- 1) Do you have a staff Health and Wellbeing Strategy for the Trust? If yes, can you supply an electronic copy?**

The Trust does have Health and Wellbeing Strategy however it is currently going through the approval process. Under **Section 22** of the **Freedom of Information Act** we are unable to disclose it at present as it is intended for future publication. Please be advised the final strategy will be published in due course.

- 2) As part of your strategy or through Occupational Health Department, do you or have you considered using Complementary Therapies to support staff? For example, holistic therapeutic massage for staff mental wellbeing and workplace stress, reflexology, sports massage for rehab and recovery or any others**

No. The Trust is not considering using Complementary Therapies to support staff.

- 3) If you do use complementary therapy – do you find it useful in reducing sickness absence, reducing stress related absences and expediting return to work?**

Not applicable.

- 4) If you don't currently use complementary therapy, would you consider using them if they could help reduce sickness absence days, help manage workplace stress and help rehab/recovery from MSK related sickness?**

The Trust would consider using complementary therapy if it was recommended by NICE and funding was available.

- 5) Would you consider offering complementary therapy as a staff benefit at discounted rates or donations towards your hospital charity?**

The Trust does not have a budget for additional staff benefits initiatives

**6) Would you consider employing a Complementary Therapist as part of your Occupational Health Team? If no, would you reconsider this if their qualification was gained via the NHS natural health school which is supported by NHS England?**

The Trust would consider employing a Complementary Therapist if it was recommended by NICE and funding was available.

This concludes our response. We trust that you find this helpful, but please do not hesitate to contact us directly if we can be of any further assistance.

If, after that, you are dissatisfied with the handling of your request, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to:

Trust Secretary  
University Hospitals Bristol NHS Foundation Trust  
Trust Headquarters  
Marlborough Street  
Bristol  
BS1 3NU

Please remember to quote the reference number above in any future communications.

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF

To view the Freedom of Information Act in full please click [here](#).

Yours sincerely,

**FOI Administrator**