



# International Clinical Trials Day 2018 Events Programme

UHBristol is celebrating International Clinical Trials Day, with a week of research unit led events taking place across the trust.

Monday 14<sup>th</sup> – Friday 18<sup>th</sup> May 2018

Come and find out how Research helps to improve patient care.

## Throughout the week

### Surgical Research team

- The team have created cakes which will be distributed throughout the Trust. Look out for them as they have 90 cup cakes!

### Bristol Eye Hospital Clinical Research Unit

- Display of current and upcoming research being carried out at the Bristol Eye Hospital, statistics detailing the importance and need of research in Ophthalmology, and showcasing previous research.
- Display will take place Mon 14<sup>th</sup> – Thurs 17<sup>th</sup> May
- **Where:** Bristol Eye Hospital, main foyer, level 2.
- Open to: Staff and public

## Monday 14<sup>th</sup> May

### Intensive Care Research Team (ICU)

- Poster presentation – diversity of current ICU research projects
- **Where:** ICU reception area (outside ward A600 (ICU))
- Open to: Public and ICU staff

## Tuesday 15<sup>th</sup> May

### Research & Innovation

- Display of events taking place around the trust for ICT Day, signposting public, patients and staff.
- **Where:** BRI Welcome Centre (opposite Above & Beyond office)

### Women's and Children's Research Unit

- Showcasing the Women's and Children's Research Team their research, with interactive elements around randomisation and hand hygiene.
- **Time:** from 14:00
- **Where:** Bristol Royal Hospital for Children, Carousel Outpatients, Level 3 (E301)
- Open to: Staff, patients and parents

### Paediatric Cardiac Research Team

- The Paediatric Cardiac Team will have a stand in Carousel Outpatients showing current and past studies, an explanation about randomisation with interactive game where children can win a prize, as well as animated videos of the circulatory system and a new study called THERMIC 3.
- **Time:** 10:00 – 16:00
- **Where:** Bristol Royal Hospital for Children, Carousel Outpatients, Level 3 (E301)
- Open to: patients and parents attending various clinics on the day

## Bristol Eye Hospital Clinical Research Unit

- **Time:** 10:00 – 12:00 :
- Clinical Research Unit staff will explain how the unit is run and how it may be different to other research units within the trust, and the research nurse will be on hand to talk about specific disease areas.
- You can try on some simulation glasses that will enable you to see what it's like having some of the more common eye diseases.
- **Time:** 11:00 – 13:00 :
- Bake Sale to raise funds for the World Sight Foundation, hoping to raise awareness of the foundation and also the CRU.
- **Where:** Bristol Eye Hospital, H207 – CRU Waiting Area
- Open to: Staff – from other units/departments within the trust

## Cardiology Research

- Showcasing current portfolio of studies from four main sub-specialties: hypertension/heart failure, interventional, imaging and electrophysiology. There will be a timeline showing landmark research studies that have changed clinical practice in cardiology, including the 'Paradigm' study.
- Get advice about lifestyle choices in order to maintain a healthy heart and to maintain stable blood pressure – the team can measure your blood pressure when you visit the stand.
- **Time:** 09:00 – 16:00
- **Where:** Bristol Heart Institute atrium
- Open to: Staff (to inform about current and previous studies they may have helped with) and patients and relatives (to provide advice on blood pressure and to generate interest in current studies).

## Biomedical Research Centre (BRC)

- BRC theme posters from PhD students and researchers

### Mental Health theme

- Stephanie Suddell (Targeting emotional processing biases in depression with a digital health intervention: A real-world trial)

### Surgical Innovation theme

- Jez Zahra (Exploring stakeholder views of surgical innovation)
- Katie Whale (Improving sleep after joint replacement)
- **Time:** 09:00 – 17:00
- **Where:** Bristol Heart Institute atrium
- Open to: Public and interested staff

## Thursday 17<sup>th</sup> May continued

### Nutrition theme

- Ellie Shingler, Jennifer Cox, Jessica Bourne, Charlotte Atkinson, Clare England, Bea Hart – (display of 4 posters: Childhood Disorders, Cancer, Type 2 Diabetes, Peritreatment Nutrition)
- **Time:** 12:30 – 14:30
- **Where:** Bristol Heart Institute atrium
- Open to: Public and interested staff

### Cardiovascular theme of BRC and Clinical Trials Evaluation Unit

- Highlighting studies: OMACS, VEST, INVITE, ETAA and CORTISOL 2.
- Showing some 3D Hearts, a model of the heart and examples of valves (both new 'trial' valves and existing valves).
- Posters about the CORTISOL study, and ETAA, with leaflets from the British Heart Foundation.
- Cupcakes and a Cardiac Quiz.
- **Where:** Bristol Heart Institute atrium
- Open to: Public, patients and staff

## Friday 18<sup>th</sup> May

### Research & Innovation

- Bake sale (proceeds going to Above & Beyond)
- Display of events taking place around the trust for ICT Day.
- **Time:** 11:00 – 14:00
- **Where:** BRI Welcome Centre (opposite Above & Beyond office)

### Cataract Research Programme

- Display of studies within the programme (incl. Cat-PROM and Predict-CAT), achievements and impact to date, future plans (Involve-CAT), contributions from the Patient Advisory Group, importance and need for research in cataract shared decision making.
- **Where:** Bristol Eye Hospital, main foyer, level 2
- Open to: Staff and public

### Intensive Care Research Team (ICU)

- Poster presentation – diversity of current ICU research projects
- **Where:** ICU reception area (outside ward A600 (ICU))
- Open to: Public and ICU staff

# Find out more, get involved

We have a number of studies open at our hospitals, and with more research starting every month.

There are many different ways in which you can be involved, whether you want to help shape research or take part in it.



Join a study



Join Dementia  
Research



Shape a  
research project



Suggest a  
research topic



Review a  
research  
application



Join an advisory  
panel



Become a  
Patient Research  
Ambassador



UK Clinical Trials  
Gateway

- Ask any member of your clinical team about our research and how you can make a difference.
- Search the 'UK Clinical Trials Gateway' [www.ukctg.nihr.ac.uk](http://www.ukctg.nihr.ac.uk)
- Visit the National Institute for Health Research website for more information [www.nihr.ac.uk](http://www.nihr.ac.uk)

[www.uhbristol.nhs.uk/research-innovation](http://www.uhbristol.nhs.uk/research-innovation)

