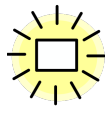
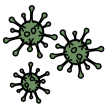


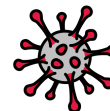
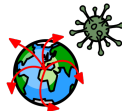
## Information About Coronavirus (COVID-19)



Coronavirus is a new virus.



A virus is a type of illness.



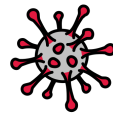
Lots of people around the world have Coronavirus, including



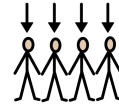
people in Bristol.



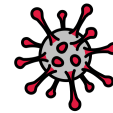
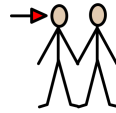
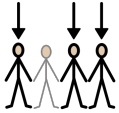
It is important for families to keep safe from Coronavirus.



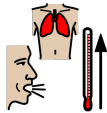
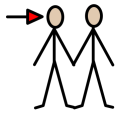
What is Coronavirus?



Having Coronavirus feels different for everyone.



Most people feel unwell when they have Coronavirus.



They might have:



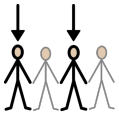
• a runny nose or sore throat



• a high temperature

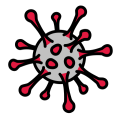


• a cough

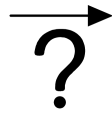


Some people

with



Coronavirus

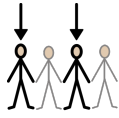


will

become



**short of breath.**



Some people

will become



very



ill



and



have to



go to

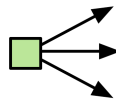
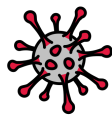


hospital

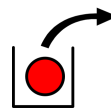
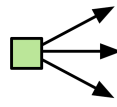
for



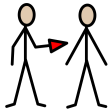
treatment.



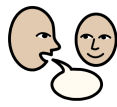
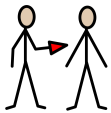
How does Coronavirus spread from person to person?



Coronavirus is spread by the drops that come out when



you cough or sneeze.



You will be told to cough or sneeze into a tissue and



wash your hands with soap.



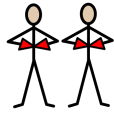
Don't touch your face, don't touch your mouth,



don't touch your eyes



Can



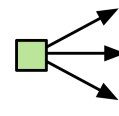
we



stop



Coronavirus



spreading?



## 1. Wash your hands



There is a Makaton

guide to

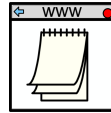


hygiene

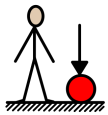
on the



Bristol Royal Hospital for Children



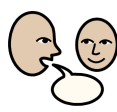
website.



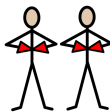
## 2. Stay at home



The government



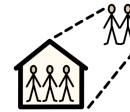
says



we



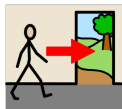
must all



**stay at home.**

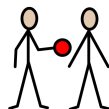


You can



go out

in

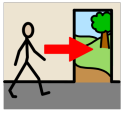


your

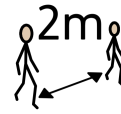
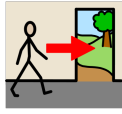


**garden**

if you have one.



You can go out on the street **once a day** for exercise.



When you go out you **must** stay away from other people.



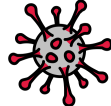
# Coming in to hospital



If you are very unwell you may need to go to hospital



to help you get better.



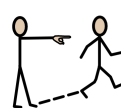
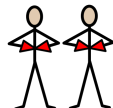
You might have Coronavirus but you might have



something else.



If the doctor or nurse thinks you don't need to stay in



hospital we will send you home.



## Being in Bristol Royal Hospital for Children

You will see doctors and nurses in strange clothes.

They must wear a mask and glasses all the time.

They will put on gloves and an apron to look after you.

They might put on a gown as well.

This is to protect you, protect the doctors and nurses

and to protect other people.





# Staying in Bristol Royal Hospital for Children



If you have to stay in hospital:

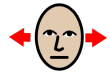
**1**



• just **one** parent or carer can stay with you



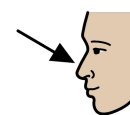
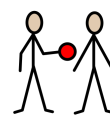
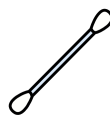
• you **may** be asked to wear a mask



• you **may** be checked for Coronavirus. This does not



**+**

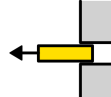


**+**

hurt and is a **cotton bud** in your nose and



**+**



throat quickly and then taken out.

 +   
**Further Information and Support**

If you would like more information regarding Coronavirus (COVID-19) or coming in to Bristol Royal Hospital for Children please go to [www.uhbristol.nhs.uk](http://www.uhbristol.nhs.uk).

People who are at extra risk can register at: [www.gov.uk/coronavirus-extremely-vulnerable](http://www.gov.uk/coronavirus-extremely-vulnerable).

For support with disabilities and complex needs contact the Paediatric Disability Team on **(0117) 342 1571** or LIAISE on **(0117) 342 8065**.

**In an emergency call 999 or go to the Emergency Department**

**Created with thanks to:**

- Senior Nursing Team (Bristol Royal Hospital for Children)
- Mencap
- Dr Clarissa Chase (Southampton Children's Hospital)

