



# Have you been diagnosed with heart failure? Research needs you!

## Why?

To see if we can make it easier for people with heart failure to exercise / go about daily activities.

## Who?

- People with any type of heart failure who:
- Are aged 18-90
- DO NOT have COPD / Emphysema / Diabetes
- DO NOT drink more than 28 units of alcohol a week

## What?

- 3 visits
- A blood pressure check, ECG (heart tracing) & blood tests
- Measuring breathing responses to different gases and a drug given into a vein
- 2 short cycling tests on an exercise bike, wearing a facemask
- Measuring nerve activity with a tiny, acupuncture sized needle

**You will be compensated up to £50 per visit for your time & travel expenses!**

## Contact us

Interested? Please get in touch with  
**Dr Katrina Hope** from Bristol CardioNomics Team.

 [heartfailure-cb-study@bristol.ac.uk](mailto:heartfailure-cb-study@bristol.ac.uk)

 **01173421513**

 [www.uhbristol.nhs.uk/hypertension](http://www.uhbristol.nhs.uk/hypertension)

