

July membership update



Hello, my name is Jenny James. I was very proud to be elected as a governor representing the public last year, and am enjoying playing my part in maintaining the outstanding standards of care which UH Bristol NHS Foundation Trust has achieved.

The NHS is celebrating 70 years! I am embarrassed to say I have worked for a big chunk of that time but know how all involved take pride in all that has been achieved in those years. I qualified as a nurse in the 60s – wearing a starched cap and apron (how different it is now!) – and I worked principally for UH Bristol. Things have progressed and changed unbelievably but we all *care* – from the chief executive, chairman, governors, and all staff "on the shop floor".

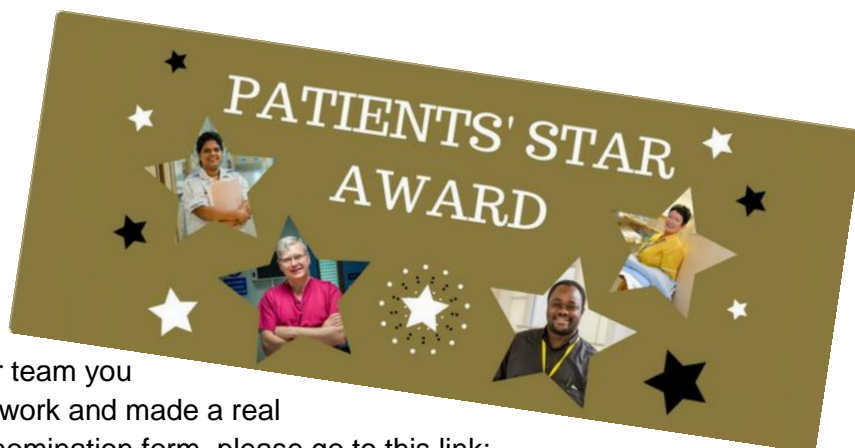
As a governor I hopefully am able to use my experience as retired nurse, patient, visitor and also as a volunteer. On retirement I missed being part of a team. I felt I still had a lot to contribute so became a volunteer at the Bristol Haematology and Oncology Centre's Information and Support Centre, supporting patients and their carers. This led to me wanting to "do a bit more" and became a governor.

If anyone reading my story of how I came to write this, think they can help to contribute to maintaining the compassionate and high quality of care we all strive for (in any way) please feel free to get in touch and talk to us. Thank you all for your continued interest.

You can take part in our Recognising Success staff awards

The Trust holds an annual celebration to recognise the exceptional work of staff who directly or indirectly contribute to the care our patients and families receive. This year, you can nominate a member of staff or a team for a patients' star award - for any individual or team you feel has gone above and beyond in their work and made a real difference. For more details, including a nomination form, please go to this link:

<http://www.uhbristol.nhs.uk/recognisingsuccess/>



Have your say on plans for a new transport hub

If you haven't already seen the plans for a new transport hub on Eugene Street, which would include more parking spaces, more secure cycle spaces and a stops for the free shuttle bus, please take a look and share your thoughts. We have put a lot of time and effort into understanding the views of patients, their families, visitors and staff and hope that these plans address the issues you may have been experiencing. We expect to submit a planning application over the summer. Find out more and have your say at:

<http://www.uhbristol.nhs.uk/transporthub>

Come along to our health-focused events

Thank you to everyone who attended our last Health Matters event on 18 July when the liaison psychiatry team were our guest speakers. It was refreshing to hear such an open conversation around the topic of mental health and we will look to rerun this event in 2019. If you are interested in attending our last two

events for the year – one on eye health, the other on the role of psychology in managing our health – you can book your place [here](#). If you have any topics you'd like to see discussed, please do let us know.



UH Bristol is going smoke free

From 1 January 2019 UH Bristol is going smoke free. Our buildings are already smoke free, but from 1 January next year no smoking or use of e-cigarettes will be allowed within the white painted perimeter you can see on the pavements and roads around our hospitals.

As a hospital Trust, we are committed to not only providing the best care we can for our patients but to also provide support for healthier lifestyles, and going completely smoke free is an excellent way to help support patients, visitors and staff to stay healthy.

How does our Board and our Council of Governors work?

If you'd like to find out more about the work of our Board and governors you can come along to our next [Board meeting](#) or [Council of Governors](#) taking place this Friday 27 July. Alternatively you can meet the Board and governors at our Annual Members' Meeting in September, be updated on our progress and the challenges of the year – and have the opportunity to ask any questions. To book your place for this and future events, please go to this link: <http://www.uhbristol.nhs.uk/about-us/how-we-are-managed/membership/events/>

For more information please get in touch.

With best wishes

Kate Hanlon

Membership Engagement Manager

University Hospitals Bristol NHS Foundation Trust, Trust Headquarters, Marlborough Street, Bristol, BS1 3NU.

Website: <http://www.uhbristol.nhs.uk/>

Twitter: [@UHBristolNHS](https://twitter.com/UHBristolNHS)

Facebook: <https://www.facebook.com/UHBristol/>