

Nutrition and Dietetics

Evidence Update
February 2018
(Quarterly)



Respecting everyone
Embracing change
Recognising success
Working together
Our hospitals.



Library and Information Service

library@uhbristol.nhs.uk



Training Calendar 2018

*All sessions are one **hour***

February (12.00-13.00)

1st (Thu)	Literature Searching
9th (Fri)	Critical Appraisal
12th (Mon)	Statistics
20th (Tue)	Literature Searching
28th (Wed)	Critical Appraisal

March (13.00-14.00)

8th (Thu)	Statistics
12th (Mon)	Literature Searching
20th (Tue)	Critical Appraisal
28th (wed)	Statistics

April (12.00-13.00)

5th (Thu)	Literature Searching
9th (Mon)	Critical Appraisal
17th (Tue)	Statistics
25th (Wed)	Literature Searching

Your Outreach Librarian – **Helen Pullen**

Whatever your information needs, the library is here to help. Just email us at library@uhbristol.nhs.uk

Outreach: Your Outreach Librarian can help facilitate evidence-based practice for all in the team, as well as assisting with academic study and research. We also offer one-to-one or small group training in **literature searching, critical appraisal and medical statistics**. Get in touch: library@uhbristol.nhs.uk

Literature searching: We provide a literature searching service for any library member. For those embarking on their own research it is advisable to book some time with one of the librarians for a one-to-one session where we can guide you through the process of creating a well-focused literature research. Please email requests to library@uhbristol.nhs.uk

Updates

NICE National Institute for
Health and Care Excellence

[Enteral immunonutrition versus enteral nutrition for gastric cancer patients undergoing a total gastrectomy: a systematic review and meta-analysis](#)

Source: [PubMed](#) - 16 January 2018 - Publisher: BMC Gastroenterology

BACKGROUND: Nutrition support is a common means for patients with gastric cancer, especially for those undergoing elective surgery....

[Read Summary](#)

[Effect of fat composition in enteral nutrition for Crohn's disease in adults: A systematic review](#)

Source: [PubMed](#) - 28 December 2017 - Publisher: Clinical Nutrition (Edinburgh, Scotland)

BACKGROUND & AIMS: The role of enteral nutrition (EN) fat composition in regulating inflammation in Crohn's disease (CD) is not clear....

[Read Summary](#)

[Interventions for preventing or treating malnutrition in homeless problem-drinkers: a systematic review](#)

Source: [PubMed](#) - 16 January 2018 - Publisher: International Journal For Equity In Health

grey literature sources for studies evaluating interventions to improve nutrition in homeless populations, without regional or language...

[Nutrition and hydration](#)

Source: [NHS Improvement](#) - 10 January 2018

We support providers to follow best practice in nutrition and hydration to reduce the incidence of pressure ulcers and promote good...



[Physical activity, diet and other behavioural interventions for improving cognition and school achievement in children and adolescents with obesity or overweight](#)

Anne Martin, Josephine N Booth, Yvonne Laird, John Sproule, John J Reilly, David H Saunders

Online Publication Date: January 2018

[Metformin monotherapy for adults with type 2 diabetes mellitus](#)

Filip Gnesin, Anne Cathrine Thuesen, Lise Katrine Kähler, Christian Gluud, Sten Madsbad, Bianca Hemmingsen

Online Publication Date: January 2018

[Diet, physical activity or both for prevention or delay of type 2 diabetes mellitus and its associated complications in people at increased risk of developing type 2 diabetes mellitus](#)

Bianca Hemmingsen, Gabriel Gimenez-Perez, Didac Mauricio, Marta Roqué i Figuls, Maria-Inti Metzendorf, Bernd Richter

Online Publication Date: December 2017

UpToDate[®]

OpenAthens login required. Register here: <https://openathens.nice.org.uk/>

Resource searched but nothing relevant to add

Other – Behind the Headlines, Guidance

[Bacteria found in milk and beef linked to rheumatoid arthritis](#)

Thursday February 1 2018

[Having more 'sweet dreams' may help with your 'sweet tooth'](#)

Wednesday January 10 2018

[Eating leafy greens may help prevent memory loss](#)

Friday December 22 2017

[Eating 40g of cheese a day may reduce heart attack and stroke risk](#)

Monday December 4 2017

Journal Tables of Contents

The most recent issues of key journals. If you would like any of the papers in full text then please email the library: library@uhbristol.nhs.uk

[International Journal of Behavioral Nutrition and Physical Activity](#) **February 2018**

[Nutrition Research Reviews](#) **Volume 30 - Issue 2 - December 2017**

[Proceedings of the Nutrition Society](#) **Volume 77 - Issue 1 - February 2018** [Nutritional psychiatry: the present state of the evidence](#)

[Wolfgang Marx](#), [Genevieve Moseley](#), [Michael Berk](#), [Felice Jacka](#)

<https://doi.org/10.1017/S0029665117002026>

Published online: 25 September 2017, pp. 427-436

[British Journal of Nutrition](#) **Volume 119 - Issue 3 - February 14 2018** [Effects of green coffee extract supplementation on anthropometric indices, glycaemic control, blood pressure, lipid profile, insulin resistance and appetite in patients with the metabolic syndrome: a randomised clinical trial](#)

<https://doi.org/10.1017/S0007114517003439>

[Energy intake in short bowel syndrome: assessment by 24-h dietary recalls compared with the doubly labelled water method](#)

<https://doi.org/10.1017/S0007114517003373>

Published online: 22 December 2017, pp. 196-201

[Nutrition Journal](#) **February 2018**

[European Journal of Clinical Nutrition](#) **Volume 72 - Issue 2 - February 2018**

Database Articles

Below is a selection of articles related to nutrition and dietetics recently added to the healthcare databases.

[Associations Between the Prognostic Nutritional Index and Morbidity/Mortality During Intestinal Resection in Patients with Ulcerative Colitis.](#)

World J Surg

[Fundamental nursing care: A systematic review of the evidence on the effect of nursing care interventions for nutrition, elimination, mobility and hygiene.](#)

J Clin Nurs

[Comparison of glucose-lowering agents after dual therapy failure in type 2 diabetes: A systematic review and network meta-analysis of randomized controlled trials.](#)

Diabetes Obes Metab



Library Clinic

Stop by and find out more about our services. We will be here to answer any questions you may have!

March 7th: **Canteen (Level 9, BRI) 12.00-14.00**

March 19th: **Welcome Centre, BRI 10.00-16.00**

April 4th: **Foyer, Education Centre 12.00-14.00**

April 11th: **Foyer, St Michael's Hospital 12.00-14.00**

May 2nd: **Canteen (Level 9, BRI) 12.00-14.00**

June 6th: **Terrace (Level 4, Education Centre) 12.00-14.00**

June 19th: **Welcome Centre, BRI 10.00-16.00**

July 3rd: **Welcome Centre, BRI 10.00-16.00**

July 4th: **Canteen (Level 9, BRI) 12.00-14.00**

August 8th: **Foyer, Education Centre 12.00-14.00**

August 29th: **Foyer, St Michael's Hospital 12.00-14.00**

September 5th: **Canteen (Level 9, BRI) 12.00-14.00**

September 11th: **Welcome Centre, BRI 10.00-16.00**

October 3rd: **Terrace (Level 4, Education Centre) 12.00-14.00**

November 7th: **Canteen (Level 9, BRI) 12.00-14.00**

December 5th: **Foyer, Education Centre 12.00-14.00**

December 11th: **Welcome Centre, BRI 10.00-16.00**



Library Opening Times

Staffed hours: 08.00-17.00, Monday to Friday

Swipe-card access: 07.00-23.00, seven days a week

Level 5, Education and Research Centre

University Hospitals Bristol

Contact your Outreach Librarian:

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