

**The National Institute for Health Research Biomedical Research Unit in Nutrition,  
Diet and Lifestyle at University Hospitals Bristol NHS Foundation Trust  
and the University of Bristol.  
Scientific Meeting: Friday 21<sup>st</sup> October 2016, M-Shed, Bristol**

Time	Activity	Speakers
09:00	Registration and refreshments	
09:30	Welcome and Introduction	Andy Ness, Professor of Epidemiology & Director of the Bristol Nutrition BRU
Session 1: Presentations from the Core & Perioperative Themes (chaired by Charlotte Atkinson)		
10:00	The long-term impact of folic acid in pregnancy on offspring DNA methylation: follow-up of the Aberdeen folic acid supplementation trial (AFAST)	Gemma Sharp, Lecturer in Molecular Epidemiology
10.15	Are low-calorie sweeteners helpful or unhelpful in weight management?	Peter Rogers, Professor of Biological Psychology
10.30	Patient and healthcare providers perspectives of perioperative nutrition	Georgia Herbert, Research Associate
10.45	Postoperative chewing gum	Charlotte Atkinson, Senior Research Fellow
11:00	Coffee break	
Session 2: Presentations from the Diabetes/Sedentary Theme (chaired by Ashley Cooper)		
11:30	Promoting electrically-assisted cycling in people with type 2 diabetes: an introduction to the PEDAL study	Byron Tibbitts, Research Associate
11:45	Sedentary Time And Metabolic Health in People with Type 2 Diabetes: Dietary analysis	Clare England, Senior Research Associate
12:00	Stand Up For Your Health: A randomised crossover trial	Laura Brocklebank, PhD student
12:15	Sedentary Behaviour Patterns in Adults with Type 2 Diabetes	Elsie Horne, NIHR Pre-Doc Fellow
12:30	Patient and Public Involvement in the Bristol Nutrition BRU	Eileen Sutton, Senior Research Associate & Rik Lander, PPI Representative
13:00	Lunch	

Time	Activity	Speakers
Session 3: Presentations from the Prostate Cancer Theme (chaired by Athene Lane)		
14:00	PrEvENT: Prostate Cancer Evidence of Exercise and Nutrition Trial	Lucy Hackshaw-McGeagh, Senior Research Associate
14:15	Cohort Profile of PrEvENT	Luke Robles, Research Associate
14:30	Prostate cancer trials. Update on PrEvENT	Kalina Biernacka, Research Laboratory Technician
14:45	The role of diet and lifestyle in prostate cancer	Vanessa Er, PhD Student (graduated)
Session 4: Presentations from the Childhood Theme Part 1 (chaired by Julian Hamilton-Shield)		
15:00	Improving glycaemic control in patients with Cystic Fibrosis and altered glucose handling: A feasibility study	Laura Birch, Paediatric Dietitian
15:10	Using fMRI to assess the impact of Mandolean training on the neural control of obesity in young people	Elanor Hinton, Senior Research Associate
15:20	Effects of eating rate on satiety, meal enjoyment and memory for recent eating: An fMRI study	Kate Hawton, Research Associate
15:30	Tea Break	
Session 4: Presentations from the Childhood Theme Part 2		
16:00	Feeding and Autoimmunity in Down's Syndrome Evaluation Study (FADES)	Georgina Williams, PhD Student
16:10	Clinical management, comorbidities and outcomes of childhood acute pancreatitis in the UK	Abdalmonem Majbar, MD Student
16:20	The role of IGF-II in childhood; fat depot distribution	Maiadah Alfares, PhD Student
Session 5: Presentations from NIHR Leicester/Loughborough Diet, Lifestyle and Physical Activity BRU & NIHR Southampton BRC in Nutrition.		
16:30	Sedentary behaviour and dysglycaemia: experimental findings from the Leicester-Loughborough Lifestyle BRU	Tom Yates, Reader in Physical Activity, Sedentary Behaviour, and Health
16:45	Exercise and appetite-regulation, recent findings from the Leicester/Loughborough BRU	David Stensel, Professor of Exercise Metabolism
17:00	Lifecourse Nutrition, Lifestyle and Health – NIHR Southampton BRC	Keith Godfrey, Professor of Epidemiology & Human Development & Director of the NIHR Southampton BRC in Nutrition
17:30	Closing Remarks	Janet Cade Professor of Nutritional Epidemiology and Public Health and BRU Scientific Advisory Board Member
Tea/Coffee & Soft Drinks		