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Cardiac News

ISSUE 2, SUMMER 2015

Paediatric Intensive Care

The Paediatric Intensive Care Unit (PICU) at the Bristol Royal Hospital for Children has 18 beds and cares for critically ill infants and children up to 16 years of age. We look after patients from a wide range of specialities including those who have had heart surgery, been involved in an accident and infants and children with general medical and surgical conditions.

Last year we were very excited to appointed our first 2 trainee Advanced Transport Nurse Practitioners. Once they have completed their training they will rotate between working on PICU and the new combined transport service which will

serve the Southwest of England and South Wales being launched later in the year.

The Grand Appeal have agreed to replace the furniture in the



parents quiet room including a new sofa bed for parents of children admitted as an emergency during the night, we are very grateful for their continued support of PICU and Ward 32.

The Faculty of Children's Nurse

Education was established in 2014. The team of experienced intensive care nurses and educators delivers University accredited modules at degree and Masters level. The aim of offering this educational opportunity is to provide nursing staff working on the intensive care unit with the knowledge and skills to deliver safe and effective care to critically ill children and support their families.

We value your opinion, if you have any comments, suggestions or ideas on how we might continue to improve the service we would love to hear them. You can either write to me at the hospital or email me at: William.Booth@uhbristol.nhs.uk

Fetal Cardiology Service - FCS

The FCS in Bristol consists of multidisciplinary team, with experts in all aspects of fetal cardiology. **Adam Cockle** is our administrator, and will help co-ordinate your appointments. In 2014 **Dr. Bev Tsai Goodman**, lead clinician, came closer to the vision for the FCS with the recruitment of two experience sonographers, **Angie Hobbs** and **Jo Jones**. Angie is an experienced midwife sonographer and Jo an experienced cardiac physiologist. Their combined skills have proven a great asset to the team.

At Christmas, the team waved a fond farewell to **Dr. Jon Forsey** who headed for the warmer climate of Australia. **Dr. Andrew Tometzki** continues to provide fetal cardiac expertise and we also welcome **Dr. Patricia Caldas** to the team, who has joined us from Oxford, some of you may have seen her article in the last newsletter. The Cardiac Nurse Specialists, (CNS), continue to support families seen within FCS and help them with difficult choices, preparing them for their baby's birth and surgical pathway. Recently, **Di Barlow**, Bristol CNS, united with Judy Tenenbaum, fetal CNS at the Evelina in London, to organise the first UK Fetal Cardiac Nurse Network meeting which was a great success!

Further information about FCS can be found at: <http://www.uhbristol.nhs.uk/patients-and-visitors/your-hospitals/bristol-royal-hospital-for-children/the-paediatric-cardiac-service/patient-and-family-information/resources-and-support/>

A little bit about pharmacy

Hello, my name is Heather Weerdenburg and I am the pharmacist for ward 32.

I visit the ward each day and am involved in ensuring medicines prescribed are appropriate and suitable for your child. I provide advice to doctors and nurses about medications. I also monitor treatments and look out for any combinations of medications that shouldn't go together.

Sometimes whilst on the ward a patient may be required to be 'fed' directly into

the blood via a bag called total parenteral nutrition (TPN). I am involved in ordering these bags prepared specifically for each patient.

When your child is first admitted to hospital I will often come and have a chat and ask what medications they are taking at home. This is to make sure they can continue regular medications at the correct dose whilst in hospital.

I provide advice to nurses on how to give medicines, find

different formulations or ways to mask taste of certain medicines and arrange supply of medications needed.

When a patient is due to go home I will arrange for a supply of medications with instructions on how to take them and be there to help explain the medications and answer any questions you may have about them. If at any time you would like to ask me a question I am always happy to provide more information or assistance.



South West Children's Heart Circle

The Heart Circles main priority is to provide support to families of children with heart defects. We also try to provide funding to the hospitals in the region for additional equipment that makes a real difference to children and families.

Over the summer we have organized several social events (details below) and we warmly extend the invite to you. For further information

please contact a member of the team using the details below:

SWCHC Family Day at Bristol Zoo Sunday 19th July, Garden Room. From 10.30am - 4.00pm. Come and join other heart families for a day out at Bristol Zoo Gardens, full access to the zoo, children will enjoy an Animal Encounter and an opportunity for parents to chat and meet up, refreshments provided.

For tickets and to reserve a place please contact Claire Hennessey at mailings@heartcircle.org. Cost £5 per adult, children free.

SWCHC Pony Riding Day at Urchinwood Manor Riding School, Urchinwood Lane, Congresbury, Bristol BS49 5AP on 27th July, 10.00 - 3.00pm Cost £5.00 per child. To reserve your place please contact Claire Hennessey at mailings@heartcircle.org



An exciting update from Wales!

Noah's Ark Children's Hospital Wales



The new Noah's Ark Children's Hospital for Wales is now fully operational! The facilities have been described as world class with specially designed surgical theatres, hydrotherapy pool, MRI facilities, and tailor made

ward areas and plenty of areas for play.

Pelican ward the new cardiac ward is now home to the cardiac children and is much more spacious with a parent bed next to the child's bed and a lovely playroom.

Holiday season is almost upon us with lots of our families travelling abroad and in the UK, and thanks to

the hard work of our charity fundraisers Lisa and Paul Hine, they will be able to take their CoaguChek INR machines with them on holiday. This will make it a safe and more enjoyable trip as the child's INR can be checked regularly whilst on holiday.



Introducing Dr. Demetris Taliotis



I was born and brought up in Cyprus, and moved to the United Kingdom in 1995 to study medicine at the University of

Sheffield Medical School. I graduated in 2000 (MBChB), and after my PRHO jobs in general medicine and surgery, and a short time training in Accident and Emergency Medicine I moved to Leeds, where

I completed a 3 year training rotation in Paediatrics at the Yorkshire Deanery. I became a member of the Royal College of Paediatrics and Child Health (MRCPCH) in January 2005.

I have trained in Paediatric Cardiology at the Yorkshire Heart Centre based at the Leeds General Infirmary from 2005 to 2010. During that time I trained in all aspects of paediatric cardiology with a particular interest in Paediatric and Adult Congenital Interventions. I have worked as a Consultant in Paediatric Cardiology at Leeds General Infirmary from October 2010 to March 2011,

after which I joined the team at the East Midlands Congenital Cardiac Centre, Leicester, in March 2011 as a paediatric cardiologist with a special interest in congenital cardiac interventions. I have been the lead clinician in congenital cardiac interventions since June 2014 and the paediatric cardiology since January 2015.

I am moving to Bristol Royal Hospital for Children to join the existing paediatric cardiology team, to help build on the excellent care and worldwide reputation of the existing service for many years to come.

Introducing Dr. Nell Ellison!

I am very excited to have joined the Cardiac Team in April this year. Here is a little about myself.

I completed my Doctoral training in Clinical Psychology at University College London in 2013, and since then have been living and working in London. I worked as a Paediatric Clinical Psychologist at the Royal London Hospital in East London across a number of paediatric specialities including trauma and brain injury, dermatology, burns, cystic fibrosis, diabetes, and

haematology. Alongside this, I worked in Community Child and Adolescent Mental Health, which involved providing interventions for difficulties such as depression, self-harm, anxiety, OCD, behavioural problems and parenting interventions.

I am originally from a small village on the west coast of Scotland, and completed my undergraduate degree at the University of Edinburgh. My hobbies include

trekking, cooking, and sailing.

In my short time here I have been really struck by the huge amount of strength and resilience I have seen in the children and families we work with, and by the thoughtfulness and dedication of the staff teams around them. It's a great privilege to be part of this inspiring team.



Bristol cardiac review update



The pace of the Review had now started to increase. The Reviews clinical expert team visited the Children's Hospital in April to see for themselves the range and quality of our services. As part of their role they have also been asked to review a cross section of patient case notes

which we are in the process of providing to them (with the consent of the families concerned). At the same, the Care Quality Commission (CQC) have initiated a further case notes review as part of the Review terms of reference. Finally, the Review have asked us to present

information to them on a range of themes from how we deliver services with care, compassion and candour to how we ensure quality and manage risks. We are pleased to have this opportunity to describe the journey the service is on - presentations start at the end of June.



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University Hospitals Bristol 
NHS Foundation Trust

Respecting everyone
Embracing change
Recognising success
Working together
Our hospitals.



Some useful numbers:

Ward 32: 0117 342 8332

Cardiac Nurse Specialists: 0117 342 8286/8578....or

email: cardiacnurses@uhbristol.nhs.uk

Cardiac Psychologists: 0117 342 8168

Welsh Cardiac Nurse Specialists: 02920 744753

Surgical Co-ordinator: 0117 342 8862

Outpatient queries: 0117 342 8860

Secretary to Dr's Martin & Hayes: 0117 342 8855

Secretary to Dr's Stuart & Walsh: 0117 342 8852

Secretary to Dr. Tometzki: 0117 342 8853

Sec to Prof. Tulloh & Dr. Tsai-Goodman: 0117 3428856

Cardiac Physiology Dept (ECG/Echo): 0117 342 8181

Fetal Medicine Secretary: 0117 342 5394

LIAISE Service (previously PALS): 0117 342 8065

<http://www.uhbristol.nhs.uk/patients-and-visitors/your-hospitals/bristol-royal-hospital-for-children/the-paediatric-cardiac-service/>

Events near you!

Transition Evening @ the Bristol Heart Institute

Tuesday 22nd September - 6:30pm

The team warmly welcome you to meet the Adult Congenital Cardiac Team and see the facilities that the BHI offer as part of your transition to adult services (ages 15+, parents/carers welcome). For further information please contact:

Lisa Patten, Paediatric Cardiac Nurse Specialist - (0117) 342 8286

or email: lisa.patten@uhbristol.nhs.uk



The 
merville
Foundation

Annual Conference Bristol 2015

Join with other patients, families and medical professionals on
Saturday 10 October 2015, 10.00 am – 4.00 pm

**Doubletree by Hilton Bristol City Centre Hotel,
Redcliffe Way, BSI 6NJ 01473 252007 for more
information**

Welcome to the Adult Services!



The adult services are based in **The Bristol Heart Institute**, and supports seven peripheral clinics in the south west and works closely with the Welsh service.

Due to the success of paediatric cardiac surgery, intervention and imaging there are now more adults than children with congenital heart disease and this number continues to rise. There are approximately **6,000** adult patients with mild, moderate or severe congenital heart disease in the south west. We carry out 30 outreach clinic days per year in Barnstaple, Torbay, Exeter, Swindon, Cheltenham, Truro and Taunton.

The Bristol Heart Institute (BHI) was opened in 2009 and is a dedicated service for people with heart conditions across Bristol and the South West. It is the hub for the regional adult congenital heart service for the South West and South Wales. All invasive cardiology and cardiac surgery for congenital heart disease is undertaken here with some outpatient clinical care provided in partnership with district hospitals in the region.



Our team consists of five cardiologists, three cardiac surgeons, two registrars, two cardiac radiologists and three specialist nurses.

Our work involves supporting patients through cardiac surgery, cardiology investigations and procedures. Approximately two hundred teenagers a year transfer to the adult services a year and they are

seen on our young people's clinic. Many of our patients have a learning disability and require capacity assessments and best interest meetings. Pregnancy is not straight forward for all women with congenital heart disease and our cardiac obstetric services supports women during pregnancy. Inherited cardiac conditions and the pulmonary hypertension service are also part of the adult congenital service. Detailed overviews of each aspect of these services will be written about for subsequent articles.



We provide medical advice which can be obtained from the Consultant on call via the BRI Switchboard- **0117 923 0000** - a 24/7 consultant-led service for inpatients. Further information can be found on <http://www.uhbristol.nhs.uk/patients-and-visitors/your-hospitals/bristol-heart-institute-clinical-services>

Please see website for patient information leaflets and resources.