

# How you can get involved

Simply complete and return the form below to register, then we can send you a FREE **Bristol Bake Off** Fundraising Pack.

**You can also register and download your pack online at [www.aboveandbeyond.org.uk/the-bristol-bake-off](http://www.aboveandbeyond.org.uk/the-bristol-bake-off).**

Alternatively you can contact us on **0117 927 7120**.

## Will you rise to The Bristol Bake Off challenge?

Everyone who takes part in **The Bristol Bake Off** and raises over £100 will be entered into a prize draw to win a hot air balloon flight.

Don't forget to tell us all about it on Twitter and our Facebook page. We would love to hear about your best bakes, fave recipes and see the photos.

 @aboveandbeyond1 #thebristolbakeoff

 [www.facebook.com/thebristolbakeoff](http://www.facebook.com/thebristolbakeoff)



Title (Mr, Mrs, Ms, Miss)  First Name

Surname

Organisation name (If Applicable)

Address

Postcode

Telephone

Mobile

Email

Planned date of Bake Off       Printed pack required?  Yes  No

Where did you hear about **The Bristol Bake Off**?

## Please return this completed form to:

**The Bristol Bake Off**, Above & Beyond, Abbots House, Blackfriars, Bristol BS1 2NZ

Data protection act 1998. We'd like to send you occasional updates about our exciting events and how to support our hospitals. Please only tick the box if you do not wish to receive these.  We will never pass your details onto external organisations.

Registered Charity no: 229945



# The Bristol Bake Off

Will you rise to the challenge?  
**Raise over £100**  
for the chance to win a hot air balloon flight

## 2nd June – 8th June 2014

### Raising vital funds for Bristol's city centre hospitals never tasted so good!

Lift your friends and colleagues' taste-buds to new heights! Treat them to some delicious home-baked goodies and help raise money for Bristol's city centre hospitals.



  
**Above + Beyond**  
For Patients. For Health. For Bristol

  
**GOLDEN GIFT APPEAL**  
A Brighter Future For Bristol's Hospitals

# Get baking for The Bristol Bake Off

At Above & Beyond, the charity for Bristol's city centre hospitals, we raise funds to make a real difference to millions of patients in our city and region. With your help we can support projects above and beyond what the NHS can provide. So put on that apron, call your friends and get baking!



"We love Bristol hospitals. They saved our Auntie and we wanted to say thank you."

Olivia and Dylan

Take part in **The Bristol Bake Off** at work, with your pals at school, university or at your local club. Choose a theme or have a bake off competition to choose the best recipe.

It's easy and it's fun and our **Bristol Bake Off** Fundraising Pack is stuffed with recipes, posters, bunting and cake labels to help make sure your bake sale rises to the challenge.

## Don't bake?

Why not try our calorie free cupcake sweepstake?

Or, get your class at school to sign up for **The Bristol Bake Off** colouring competition.

Contact the delicious **Bristol Bake Off** team via email at [fundraising@aboveandbeyond.org.uk](mailto:fundraising@aboveandbeyond.org.uk) or on 0117 927 7120.



"Our bake sale was a great success. Everybody loved our cakes."

Orchard Street Business Centre



"I love baking and it feels really good to have helped make a difference doing something I enjoy."

Liv who raised over £1,000 with her bake sales

# Your cakes make the difference!

All money raised by **The Bristol Bake Off** will go towards our Golden Gift Appeal and fund projects like improved facilities for patients at the region's first adult Bone Marrow Transplant Unit. The new unit is now caring for people like mother of two and former GP, Lisa who had two bone marrow transplants after her leukaemia diagnosis.

"I was treated by the fantastic team in Bristol and now I'm back at home making my friend Caroline's Chocolate Cake. It's the cake we have at every family celebration and it's my son's favourite. **The Bristol Bake Off** is helping to give more cancer patients and their families the gift of hope. That's why I'm taking part."



If 400 people held a bake sale and raised just £100 each then we would have enough to fund a garden in the new BMT unit where patients can spend time during long periods of treatment.

## On your marks, get set... Bake!

To take part in **The Bristol Bake Off** please complete and return the form on the back page or register online at [www.aboveandbeyond.org.uk/the-bristol-bake-off](http://www.aboveandbeyond.org.uk/the-bristol-bake-off)

