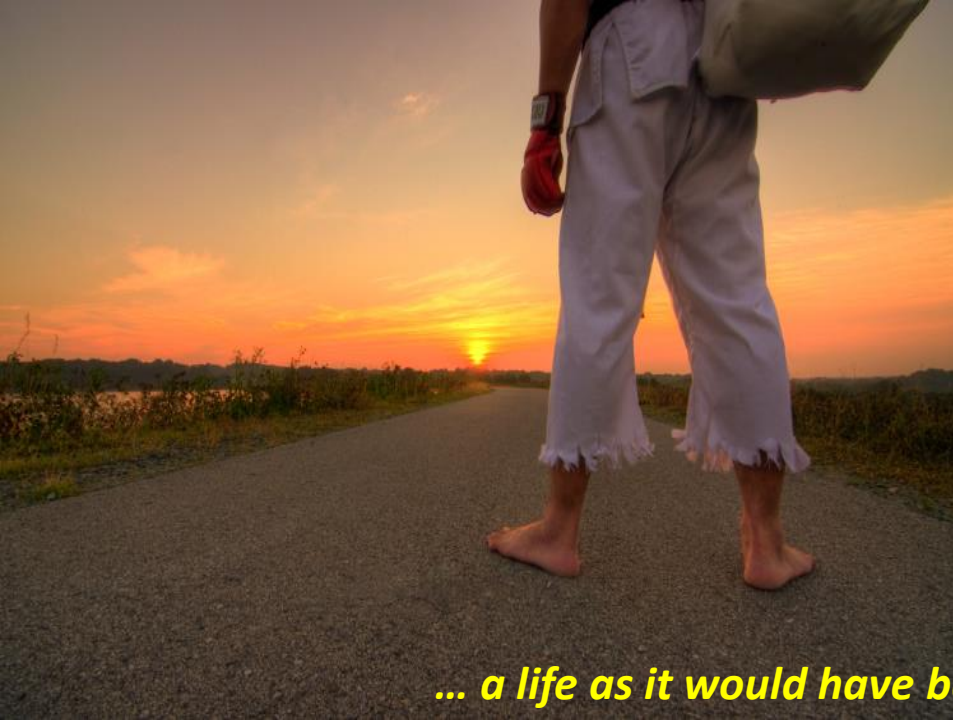




*Improving SW TYA Cancer Aftercare*

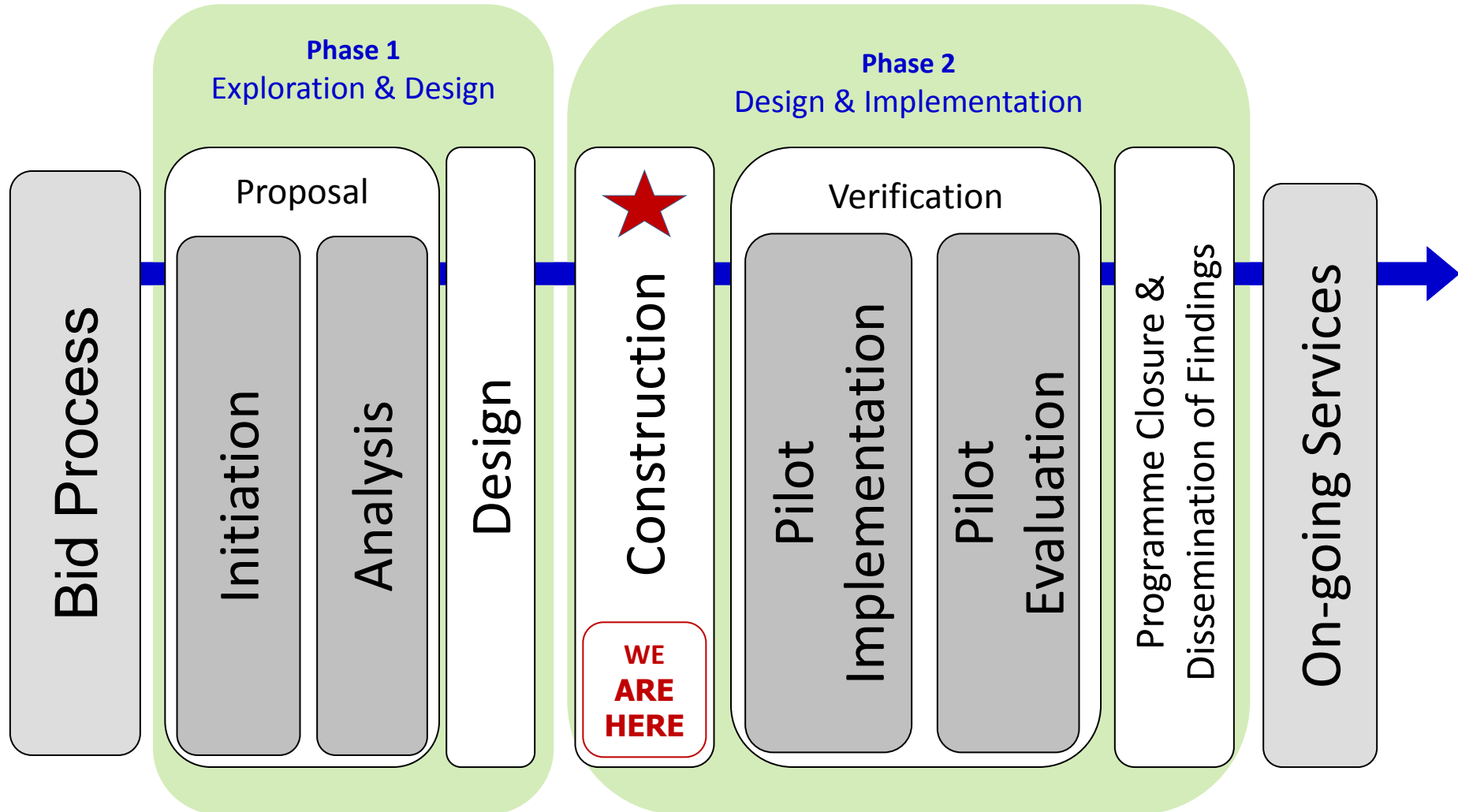
# Co-creation/Co-design in the Development of TYA Services: The Experience of the On Target Programme

**Philippa Spencer, Jen Cheshire, Laura Hartley, Anne Badger,  
Paul Beynon, Alison Cameron, Sue Dolby  
Charlie Ewer-Smith, Catherine Neck, Mike Stevens**



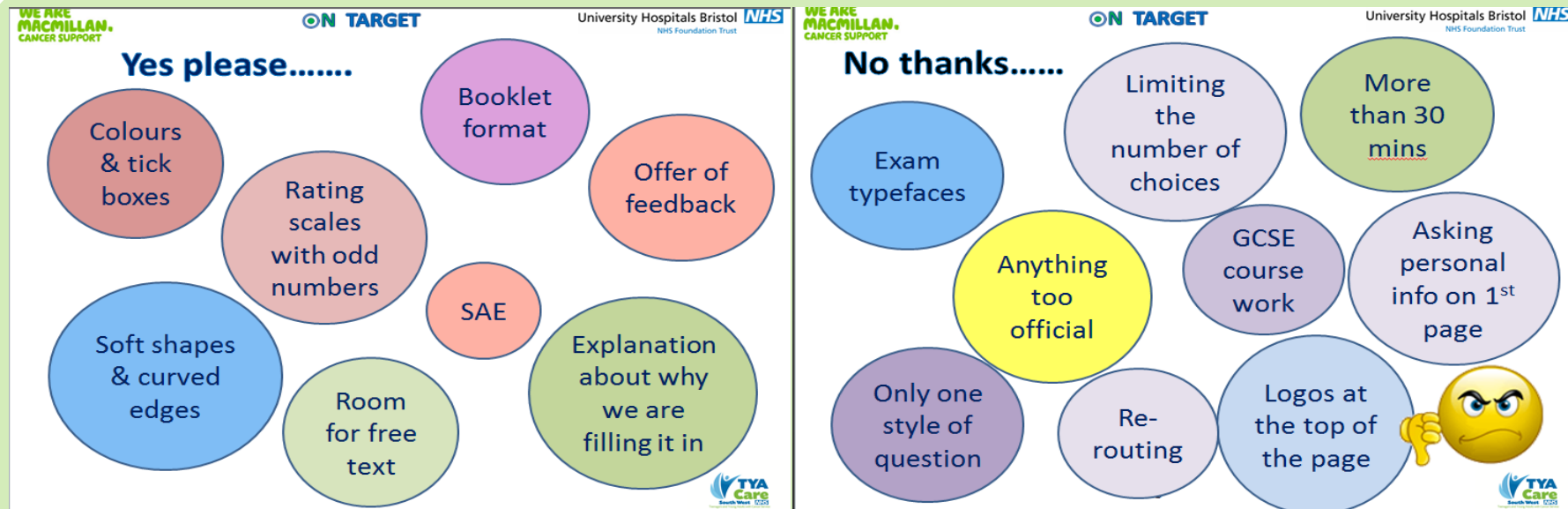
*... a life as it would have been lived without the intrusion of cancer or as the person has decided to recreate it ...*







# Young people's views about the design of questionnaires



**ON TARGET Questionnaire**

We have tried to identify the areas that may have been important to you since your diagnosis of cancer and would like to ask you some questions about them.

Please try to think about them in relation to your own experiences.

You do not have to answer any questions you don't want to.

The answers that you give will remain anonymous.

If you have any questions please contact  
ON TARGET  
Tel: 0117 34 21399  
Email: OnTargetTeam@uhbristol.nhs.uk  
Text: 07775019651

Thank you for completing this questionnaire

5a. Did you receive any support relating to education & employment? Please tick ☐ Yes ☐ No

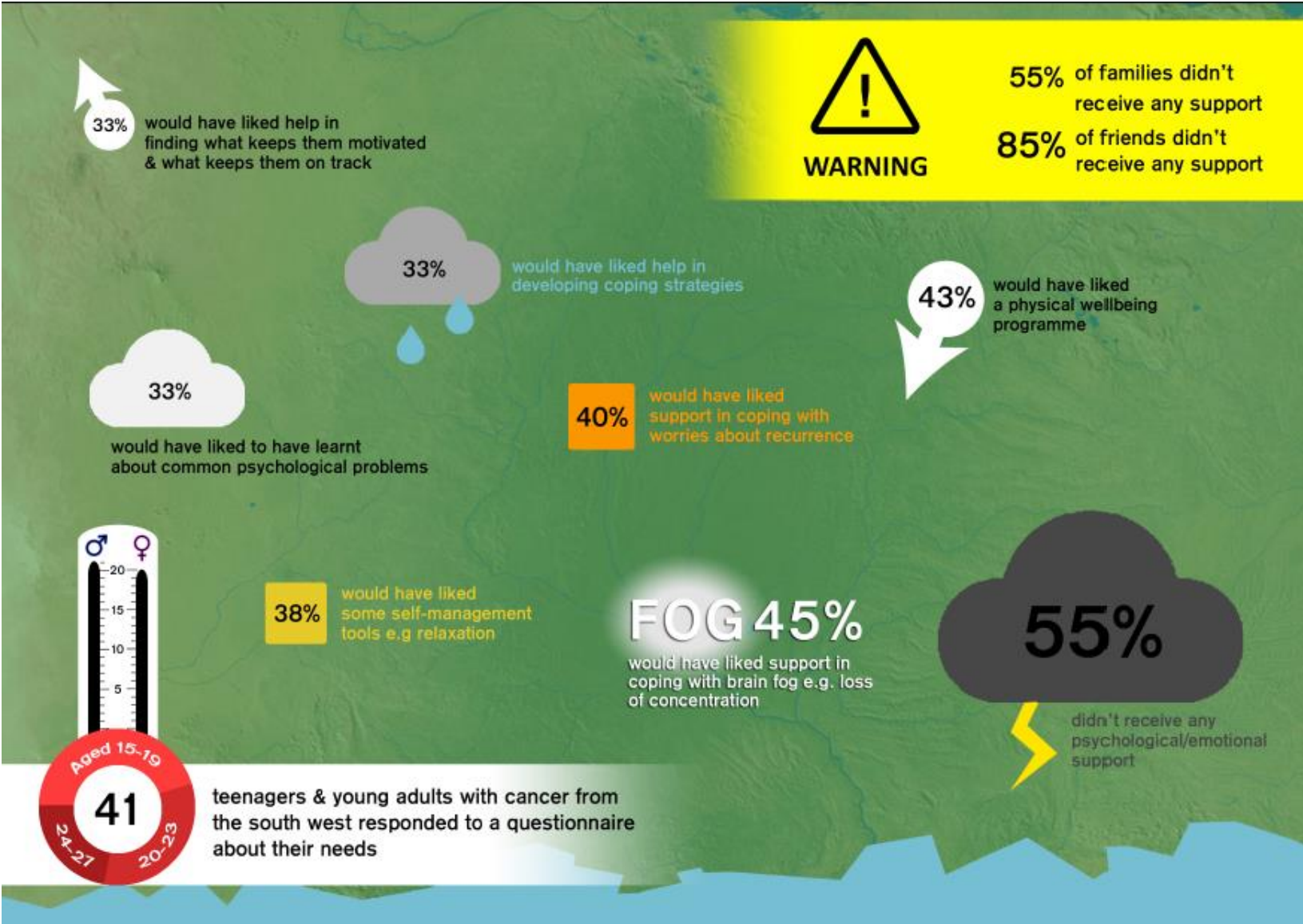
Received	Would have liked

5b. From this list please indicate what type of support you received, or what type you would have liked to have received (leave blank if not applicable)

5c. If you did receive support, how would you rate it overall? Please circle

Poor 1 2 3 4 Excellent 5

5d. Do you have any other comments about education & employment support?



# Strengths

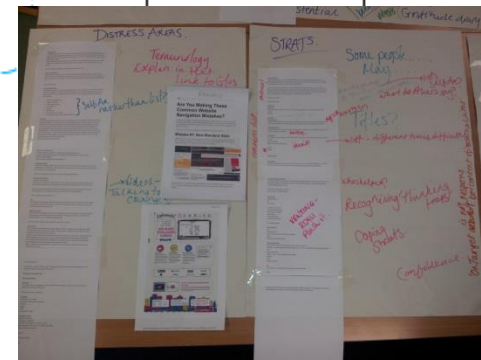
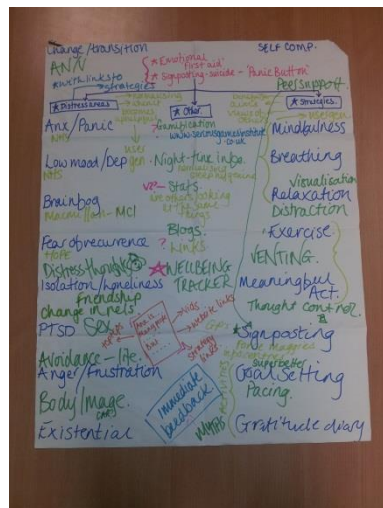
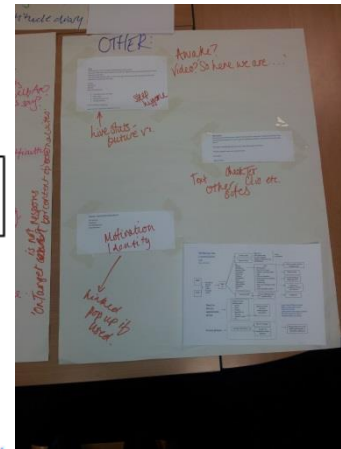
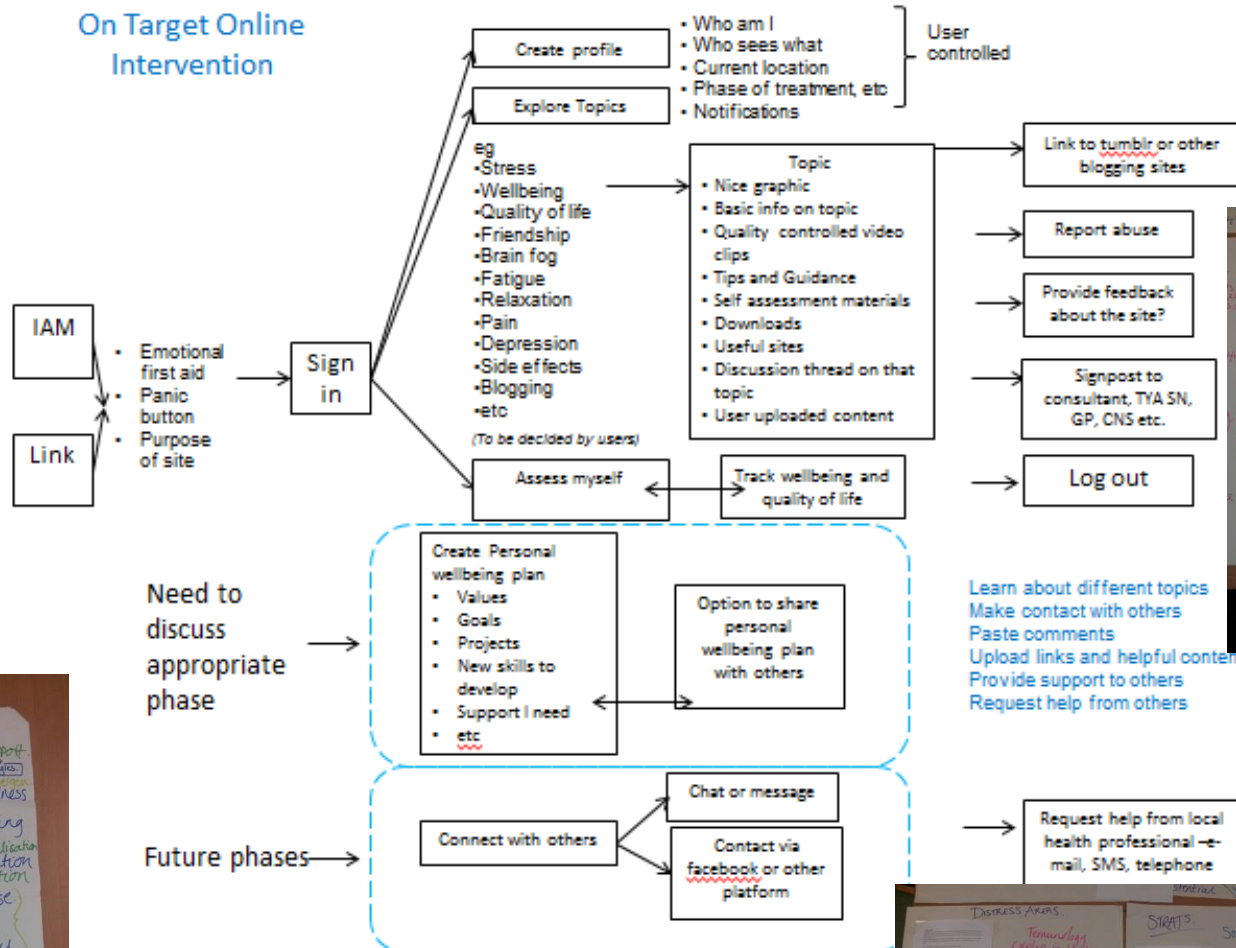
- Implement core principle of On Target
  - Rich data
- Creating service TYA's will engage in
- A deeper insight to patient experience
  - Opportunities from involvement
    - Challenging assumptions

# Challenges

- Challenging assumptions
  - Communication
  - Engagement
  - Commitment
  - Expectations
  - Resources
- Close team working

# The plan for an online intervention for psychological support and wellbeing

## On Target Online Intervention







Work

Lunch  
&  
Workstations



## 'Onwards and Upwards'

A wellbeing day for  
young people and their  
guest

**Sunday 24<sup>th</sup> November**  
**10am – 4.30pm**

**Heartlands, Redruth**

Body Painting



Information

Chillout

Physical  
Activity-  
overcoming  
the  
difficulties



Fatigue

Treasure Hunt

Q&A session  
Feedback,  
Prizes



Young person  
and + 1

10 am

4.30pm



Diet and  
healthy living on a  
budget



# Thank you

## Any questions?

**Jennifer.cheshire@uhbristol.nhs.uk**